

The Ondine Electronic Light Shower

A gorgeous downpour illuminated by the colors of the rainbow. Imagine the experience! ELS, Ondine's new Electronic Light Shower makes it possible. It's a showerhead that provides drenching full-cone coverage from 270 no-clog spray channels. Of unique

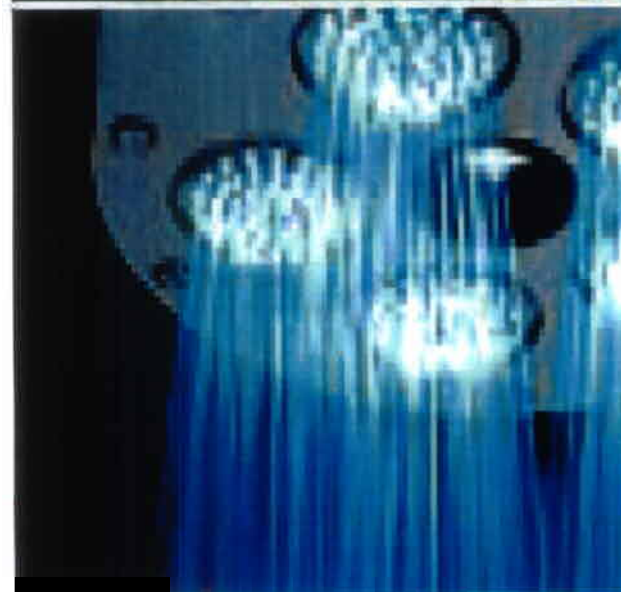
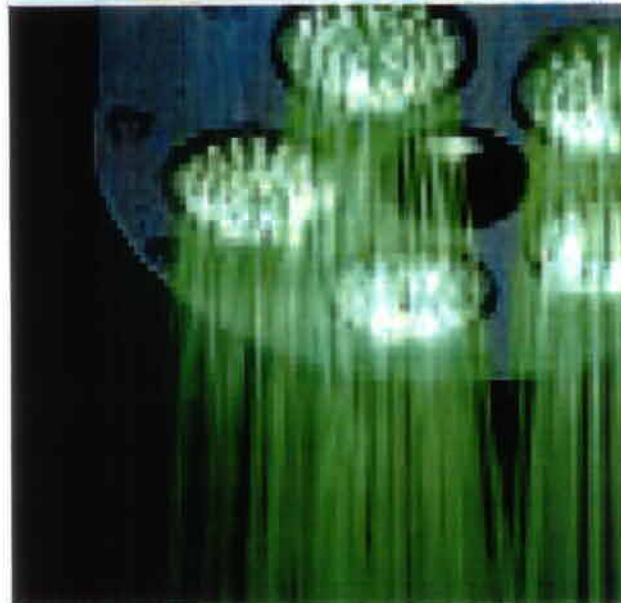
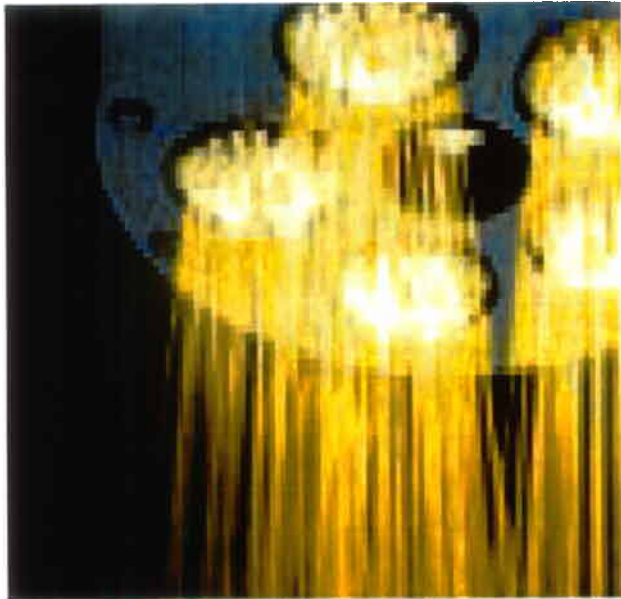


design, these spray channels also contain advanced fiber optics illuminated by a special halogen light source that accounts for the continuously changing

colors. (You can also stop the action at a color of your choice.) Chromatherapy of this type is unheard of. The combination with an ample flow of shower sprays makes for an experience you expect and will enjoy time and again.

The ONDINE
Electronic Light Shower
Innovative Lighting Solutions,
Now Available With Water.

ONDINE
Luxury Shower Systems™



A Guide to Wellness

Color and light have been used by people to maintain health and achieve spiritual enlightenment since ancient civilizations. Light can be both a particle, and a wavelength. As such, it affects everything it touches, including our own biorhythms.

The energy in light works on various wavelengths - warmer tones such as reds and yellows are short while greens are medium length and blues and violets are the longest. These waves affect our moods and even cause our bodies to react by releasing hormones and helping certain functions. The energy in light can help maintain a healthy lifestyle or may even complement therapeutic treatments helping you return to optimal health and well-being.

YELLOW is the color of happiness, wisdom and creativity. It stimulates motor functions and is thus recommended for problems relating to the nervous system. It is said to purify the liver and help ensure the proper functioning of the digestive system.

GREEN is regarded as the color of harmony and balance. Green has a calming effect and brings greater intellectual awareness. Green helps with insomnia and helps gain mental relaxation.

BLUE brings serenity, relaxation and peace. It has antispasmodic properties so it is recommended for cramps of all types. Blue helps relieve inflammation and helps counter overexcitement and hypertension.

To gain the most benefit from chromatherapy, make sure the bathing temperature is not too warm or too cool. Switch on the ELS light and turn off all other light sources. Relax. After a few minutes, focus on the light and close your eyes. With each breath, visualize the color of the light and focus the energy on the area you wish to treat. With each breath, visualize the treatment area and omit any thoughts that may distract you. Practice this for ten to fifteen minutes each day, or more often as you like.